

CARE PIERCING'S

Cleaning and care:

- Contact of the fresh Piercings avoid
- Contact with unwashed fingers avoid
- Contact with strange body fluids (saliva, sperm, sweat) avoid
- do not move the decoration, without incrustations or other deposits to have removed before (injury of the scabs)
- no blood-diluting medicines (Aspirin, ASS, etc.) take for approx. 1 week
- Pressure and friction (by clothes, belt etc.) in the pierced place absolutely avoid
- Sauna, swimming pool, Solarium as well as tub baths are to be omitted for approximately 2 weeks completely
- the Piercing not healed yet may not come with soap, showering gel, etc. into contact

Skin and Cartilagepiercings:

The fresh Piercing twice, during strong incrustation three times daily clean and disinfect. The hands thoroughly (e.g. physician soap from the pharmacy) are only washed or with Sterilium (likewise from the pharmacy), afterwards the Piercing with lukewarm water or hydrogen peroxide disinfects easily in-soft, in order to be able to remove incrustations or other deposits with a cotton bud. Now something disinfectant on both parting places laid on and the decoration several times into both directions turn. Subsequently, dab the place concerned with a clean papertowel drying. For the disinfection the following products can be used:

Chamomile concentrate, Betaisodonna or Octenisept (both in the pharmacy available)

Tongue Piercing:

- Do not smoke 1 week!
- No oral contacts (kisses included)
- Milk products, yeast and caustic solution pastry, fruits, fruit juices, sharp, sour as well as to hot meals avoid Tongue Piercings particularly attentively maintain.

Against swelling the tongue ice cubes can be sucked more frequently, these can also made of camomile tea be prepared. E.g. rinse Listerine several times daily with a chamomile solution or an antiseptic mouth water. Against possibly arising pain there are these in the pharmacy lozenges (Dolo Dobendan), works analgesic, disinfecting and decongestant.

Intimate Piercing:

Specified up to the final healing no Sex (Oralsex included), like above no contact with uncleaned hands. Also with Piercings within the intimate range cleanliness is an absolute must. The care is similar to that of the skin piercings. Mucous membranes react however somewhat more sensitively to disinfectants. Here the use of self-urine worked very much. Who not can do or wants that, should look around for careful alternatives (e.g. Betaisodona). The same rules as with are valid also here skin piercings (hands thoroughly clean, crust remove, etc.) this procedure twice daily would drive through.

Additionally to consider:

Which one calls healing is a procedure with the medical profession „of the Epithelising “is called. That is called nothing else as skin growth. By the pass channel the skin grows from outside to inside (1 mm in 5 days). As long as this procedure is not final should not the first jewel be removed. The pass channel can close within a few hours again and not reinsert that the decoration is then without again to pierce possible. Also a completely healed Piercing needs something care. In the pass channel skin cells e.g. died, dirt, tallow, etc. collect themselves by the decomposition process can also an already healed Piercing inflame again. For this reason the Piercing should be rinsed from time to time with water. If the Piercing should inflame once, the decoration should be removed in no case. The inflammation stove can encase itself in such a way and not flow off pus. In such a case to your jetty cerium or to a physician (this should possess however experience with Piercings) to absolutely turn.